

**COURSE TITLE: FIRST AIDS & PATIENT SAFETY**

**STUDY HOURS: 60+20**

**PAPER: 4**

**TERM: 2<sup>nd</sup>**

**MARKS**

**THEORY: 40**

**PRACTICAL: 10**

**TIME: 2:30 Hrs**

The following First Aids & Safety Patient contents will be taught briefly.

**COURSE CONTENTS**

**Study Hours  
(Theory + Practical)  
60+20**

**B First Aid 30+10**

Definition

- Principles

**B1 MANAGEMENT**

- B1.1 Dressing and Bandages
- B1.2 Assisted respiration
- B1.3 Shock
- B1.4 Types of Shock its signs symptoms Treatment
- B1.5 Assessment and Resuscitation of newborn
- B1.6 Fractures and his First Aid Management
- B1.7 Burns and his First Aid Management
- B1.8 Wounds and his first Aid Management
- B1.9 Accidents and his first aid Management
- B1.10 Transport of injured persons especially spinal care
- B1.11 Poisonings-Swallowed/Inhaled persons and first aid management
- B1.12 Bites Stings management human, cat dog insect
- B1.13 Choking and first aid management
- B1.14 Abdominal pain and first aid management
- B1.15 Sport injuries and first aid management
- B1.16 Safety at home

**C PATIENT SAFETY & PRECAUTION 30+10**

- C1.1 Electrical Hazards
- C1.2 Fire and explosion in hospitals
- C1.3 Radiation
- C1.4 Other possible hazards in hospitals
- C1.5 Infection in hospitals
- C1.6 The hospital environment
- C1.7 Pathogenic, non-pathogenic microorganisms

- C1.8 Modes of spread of infection
- C1.9 Kinds of infection
- C1.10 Cross-infection  
(Precautions and prevention)

**Recommended book** First Aids Emergencies A complete Patient Care by V k join  
Teacher Notes